

WINTER
2021

DiabetesPro Quarterly

AMERICAN DIABETES ASSOCIATION NEWS FOR PROFESSIONAL MEMBERS

AMERICAN DIABETES ASSOCIATION

STANDARDS OF MEDICAL CARE IN DIABETES—2021

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Standards of Medical Care in Diabetes—2021 Now Available

The *Standards of Medical Care in Diabetes*, published each year by the American Diabetes Association (ADA), provides evidence-based recommendations for the diagnosis and treatment of people with diabetes; strategies to prevent type 2 diabetes; and therapeutic approaches to reduce complications and improve health outcomes. This year's Standards of Care was published in a January supplement to *Diabetes Care* and is also available online at professional.diabetes.org/standards.

Highlights for 2021

This update provides diabetes care professionals with:

- Evolving evidence for diabetes treatment for people also managing chronic kidney disease (CKD) and heart failure (HF)
- Guidance on the use of technology for diabetes management and individualized care as well as recommendations for continuous glucose monitoring (CGM) for people with diabetes based on therapy
- Important information on addressing social determinants of health (SDOH) in diabetes

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- Descriptions of barriers to and critical times for diabetes self-management education and support (DSMES)
- Vaccine-specific updates, including those related to coronavirus disease 2019 (COVID-19)

Other noteworthy updates and additions to the *Standards of Medical Care in Diabetes—2021* include:

Evolving evidence

- Table 9.1 has been updated and figure 9.1 has been revised to include dedicated decision pathways for CKD and HF, with updates to reflect ADA's Professional Practice Committee's consensus interpretation of clinical trial data (Section 9, pages S115–S116).
- Figure 9.2 has been revised to include assessment of adequacy of insulin dose and updates regarding the use of glucagon-like peptide 1 receptor agonists (Section 9, page S117).
- Section 10, on cardiovascular disease (CVD) and risk management, is endorsed for the third consecutive year by the American College of Cardiology. Recommendations regarding treatment in the Cardiovascular Disease subsection have been revised to include the evolving evidence from cardiovascular outcomes trials (Section 10, page S137).

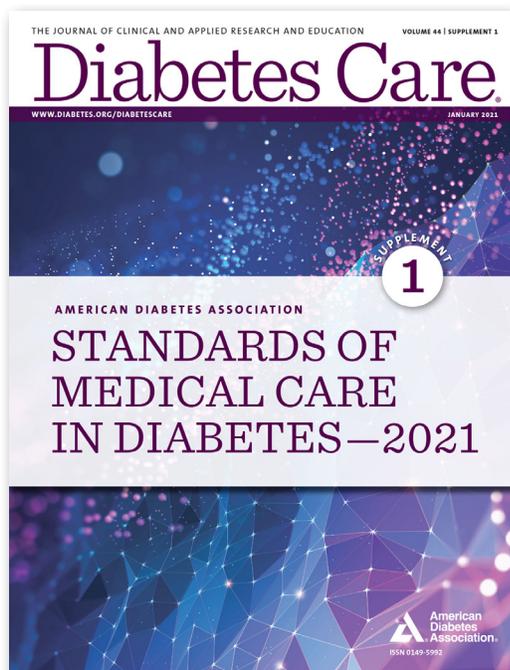
- Recommendation 11.3 on treatment for CKD has been divided into three recommendations to individualize treatment based on renal function and risk of CVD (Section 11, pages S151–S152).

Using technology in diabetes management

- The A1C subsection was retitled Glycemic Assessment, with respective changes to the recommendations to allow for other glycemic measures aside from A1C (Section 6, page S73).
- The Glycemic Goals subsection has also been revised to include other glycemic measures, and the recommendation for glycemic goals for many nonpregnant adults without significant hypoglycemia has been divided in two parts to include goals for time in range (Section 6, page S75).
- The Continuous Glucose Monitoring Devices subsection has been revised, and blinded CGM is now referred to as “professional CGM,” which refers to clinic-based CGM systems and can include blinded and real-time devices. Table 7.3 has been updated to reflect this change as well. (Section 7, pages S87–S90).
- Recommendations include CGM as useful for people with diabetes on multiple daily injections or continuous subcutaneous insulin infusion and other forms of insulin therapy (with different levels of evidence) and are not defined by type of diabetes or age (Section 7, page S87).
- New recommendations were added on the use of CGM in youth to the type 1 diabetes in the Glycemic Control subsection (Section 13, page S183).

Individualizing patient care

- Additional information has been included on SDOH in diabetes to reflect the evidence presented in “Social Determinants of Health in Diabetes: A Scientific Review,” published in November 2020 (doi.org/10.2337/dci20-0053) (Throughout).
- The Immunizations subsection has been revised, and a table was added containing Centers for Disease Control and Prevention–recommended vaccinations for people with diabetes (Section 4, Table 4.5, pages S47–S48).



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- More information has been added to the discussion of each vaccine, including important considerations related to COVID-19 (Section 4, pages S42–S45).
- Table 4.1, “Components of the Comprehensive Diabetes Medical Evaluation at Initial, Follow-up, and Annual Visits,” was reorganized and revised to include several additional factors, including SDOH and identification of surrogate decision-maker and advanced care plan (Section 4, pages S43–S44).
- Based on “Diabetes Self-management Education and Support in Adults With Type 2 Diabetes: A Consensus Report of the American Diabetes Association, the Association of Diabetes Care & Education Specialists, the Academy of Nutrition and Dietetics, the American Academy of Family Physicians, the American Academy of PAs, the American Association of Nurse Practitioners, and the American Pharmacists Association,” published in June 2020 (doi.org/10.2337/dci20-0023), recommendations regarding barriers to DSMES have been added, and additional evidence on the usefulness of DSMES and ways to address barriers has been included (Section 5, page S54).
- The reasonable A1C goal for older adults who are otherwise healthy with few coexisting chronic illnesses and intact cognitive function and functional status has been modified to A1C <7.0–7.5% (53–58 mmol/mol). This change is reflected in Table 12.1 as well. Fasting or preprandial and bedtime glucose levels for healthy older adults have also been revised in this table. The example treatment goal for older adults who are otherwise healthy with few coexisting chronic illnesses and intact cognitive function and functional status has been modified to A1C <7.0–7.5% (53–58 mmol/mol). (Section 12, pages S170–S171).

The *Standards of Care free mobile app* has also been updated and includes treatment algorithms converted to clinical tools for use at the point of patient care. An **abridged version of the 2021 Standards of Care** geared to primary care providers is also available, as well as a complete 2021 *Standards of Care slide deck* and **webcast** with continuing education credit.

The *Standards of Care—2021* and other resources for diabetes professionals can be found at professional.diabetes.org/standards.

DiabetesPro Career Center

Find the latest jobs and high-quality job seekers in academic research, endocrinology, primary care, diabetes education, and more. DiabetesPro Career Center is your premier resource for employment opportunities and career development tools for professionals working in the field of diabetes. View the below positions and more at professional.diabetes.org/careercenter.

Endocrinologist | Geisinger—State College, PA

Job ID #: 14286610

Geisinger is seeking a creative, enthusiastic, and highly motivated endocrinologist to expand its outpatient programs in diabetes and general endocrinology and provide endocrinology/diabetes in-patient consultation service. Applicants must be licensed in the state of Pennsylvania.

Registered Nurse | Banner Health—Tucson, AZ

Job ID #: 14276858

Banner Health is seeking a full-time registered nurse to join its team. This position is responsible for direct patient care and coordination, delegation, and supervision of the activities of the health care team. This position will also provide care based on physician orders and the nursing plan of care, in compliance with policies and procedures, standards of care, and regulatory agency requirements. Graduation with an accredited bachelor's degree in nursing is required.

Diabetes Nurse Practitioner | CHRISTUS Health—Santa Fe, NM

Job ID #: 14271421

CHRISTUS St. Vincent is seeking an experienced certified, full-time, outpatient diabetes nurse practitioner who can function independently. Applicants who have earned the credential CDCES (certified diabetes care and education specialist) is highly desired. This provider will collaborate with other health care professionals, including educators, dietitians, health care providers, and social workers to improve and maintain patient health outcomes. Other key duties include examining, interviewing, and diagnosing patients, ordering laboratory tests, and developing treatment plans. Two years of experience as an outpatient diabetes nurse practitioner is preferred.

American Diabetes Association Welcomes New Membership Advisory Group Members

In January, the American Diabetes Association (ADA) welcomed 14 new members to the Membership Advisory Group. This interdisciplinary group, started in January 2018, provides expert guidance on ADA's professional membership benefits and engagement strategies. The group holds monthly virtual meetings with ADA staff focused on enhancing the professional membership experience and has been instrumental in the development of ADA's 16 Interest Groups, early career and student membership categories, and marketing and engagement strategies. The ADA would also like to announce that Dr. Henry Rodriguez began a new role as chair of the advisory group in January.

NEW MEMBERSHIP ADVISORY GROUP MEMBERS INCLUDE:



Brooke Baker, MSN, RN, CDCES, ADEPT
Faculty, School of Nursing
Langston University



Rebecca Burmeister, DPM, MPH
Podiatry Research Fellow in
Diabetic Limb Preservation
The University of Michigan Medicine



Edward Chao, DO, MA
Clinical Professor of Medicine
University of California,
San Diego and Veterans'
Administration HealthCare System,
San Diego



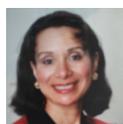
Amit Gupta, MBBS, DNB, MNAMS, FACP, FRCP (Glasgow), FRCP (Edinburgh), FICP, FDIAB, DFID, FIACM, FGS, PGDD (Cardiif)
Director, Centre For Diabetes Care
Promhex Multispeciality Hospital



Samar Hafida, MD
Staff Endocrinologist and
Assistant Medical Director,
Global Education & Care,
Joslin Diabetes Center
Clinical Instructor Harvard School of
Medicine



Todd Hagobian, PhD
Professor, Department of
Kinesiology and Public
Health
Faculty Fellow, Division of Research,
Economic Development, & Graduate
Education
California Polytechnic State University



Cassandra Henderson, MD, CDCES
Maternal Fetal Medicine
Consultant and Diabetes
Care and Education Specialist
Garden OB GYN



Joan Hill, RDN, CDCES, LDN
Owner
Hill Nutrition Consultant



Tony Lam, PhD
Professor & John Kitson
McIvor Endowed Chair in
Diabetes Research
Canada Research Chair (Tier 1) in
Diabetes & Obesity
Toronto General Hospital Research
Institute & University of Toronto
Associate Director of Research, Banting
and Best Diabetes Centre



Jessica Pierce, PhD
Research Scientist, Nemours
Center for Healthcare
Delivery Science
Pediatric Psychologist, Nemours
Children's Hospital
Associate Professor, University of Central
Florida College of Medicine



Darleen Sandoval, PhD
Professor
University of Colorado,
Anschutz Medical Campus



Jeffrey Unger, MD, FAAFP, FAE
Director
Unger Primary Care
Concierge Medical Group



Joni Williams, MD, MPH
Assistant Professor of
Medicine
Medical College of Wisconsin



Jenise Wong, MD, PhD
Associate Professor of
Pediatrics, Division of
Endocrinology
University of California San Francisco

CONTINUING ADVISORY GROUP MEMBERS INCLUDE:



Henry Rodriguez, MD, Chair
Professor of Pediatrics,
University of South Florida
Clinical Director, University of South
Florida Diabetes Center



Heather Ferris, MD, PhD
Assistant Professor of
Medicine and Clinical
Investigator in Residence
University of Virginia



Andrew J. Gordon, PhD, MPH
Associate Professor
University of Houston



Dawn Menning, MS, RD, CDE
Director of Clinical Services
Canary Health



Brian Novak, PhD, JD, MS
Patent Attorney
K&L Gates, LLP



Rong Mei Zhang, MD
Research Fellow
Washington University in
St. Louis

The ADA sincerely thanks everyone who applied to join the Membership Advisory Group. Individuals who were not selected this year are highly encouraged to apply again in the future, as limited spots were available. For more information, visit professional.diabetes.org/MAG.

Eye Health and Diabetes Education Program

Focus on Diabetes presents a three-part series of non-CE diabetes-related eye health education for primary care providers and diabetes educators.

Topics include: **Overview of Diabetes and Eye Health, Ocular Manifestations of Diabetes, and Supporting Patients and Fostering Collaborative Care.**

These education programs can be accessed at eyehealth.diabetes.org or on the DiabetesPro platform at professional.diabetes.org/content-page/videos-0.

Join ADA's Eye Health Interest Group!

The group aims to bring together clinicians and scientists to advance the understanding of diabetes and eye health.

Learn more at eyehealth.diabetes.org



VISIONARY PARTNERS



Islet Biology, Development, and Function Interest Group Opens Opportunity for “Best Paper of 2020” Award

The Islet Biology, Development, and Function Interest Group will be recognizing an individual at the assistant professor level with an award for the best manuscript of 2020. The group is soliciting papers that were published or in press in 2020 (January 1 to December 31, 2020) from an independent investigator for special recognition at ADA's 81st Scientific Sessions. The award will be chosen by a committee, and the investigator will have the opportunity to present his or her findings in a special oral session recognizing the Rising Stars of Diabetes Research at the virtual Scientific Sessions.

The guidelines for submissions include:

- Applicants must have been at the assistant professor rank in 2020. Individuals who had an associate professor or higher rank are not eligible for this award.
- Submitted research papers may pertain to any aspect of islet biology, development, and function and must have been published or in press during the 2020 calendar year. Review articles are not eligible.
- Submissions will be reviewed based on their impact, contribution of significant gain in knowledge, and subject matter involving reagents, technology, and/or increased understanding of islet biology in diabetes.

To be eligible for this award, please forward your manuscript and curriculum vitae to interestgroups@diabetes.org. The deadline for receiving applications is March 1, 2021.

Exclusive Member-Only Webinars Continue This Winter

The exclusive member-only webinar series, “Hands On: Tips to Improve Diabetes Care,” continues this winter with new webinars on relevant topics that provide up to one continuing education (CE) credit each for diabetes professionals. A new feature in 2021 is that members can now receive CE credit for an archived webcast if they are unable to attend its live presentation.

“We wanted to make continuing education credits as easy as possible for members, especially during what has been a very busy 12 months in clinic,” said Halis Akturk, MD, Communications Director for the Diabetes Technology Interest Group. “If members can’t attend the live session, archives will be made available for the rest of the year so they can watch at their convenience.”

The series, developed by leaders of the Behavioral Medicine and Psychology, Diabetes in Primary Care, and Diabetes Technology Interest Groups, is designed to address critical issues in diabetes care, including the latest update to the American Diabetes Association’s (ADA’s) *Standards of Medical Care in Diabetes*.

“This winter, we wanted to spend time focusing on Standards of Care and how to implement these guidelines in practice,” said Christopher Jones, MD, Communications Director of the Diabetes in Primary Care Interest Group. “Standards of Care highlight issues such as social determinants of health and medication costs—big concerns to us as providers and to the patients who we treat.”

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We wanted to make continuing education credits as easy as possible for members, especially during what has been a very busy 12 months in clinic.

—Halis Akturk, MD,
 Communications Director for the
 Diabetes Technology Interest Group

Future sessions in the “Hands On” series include:

- **Tuesday, Feb. 9, 2021:** *Social Determinants of Health in Diabetes Care: Addressing Disparities and Inequities*
Faculty: Shivani Agarwal, MD, MPH (moderator), Ashley M. Butler, PhD (panelist), Nefthaly Cisneros (panelist)
- **Tuesday, Feb. 23, 2021:** *What Health Care Providers Can Do to Help Patients Overcome Cost Challenges*
Faculty: A. Enrique Caballero, MD (moderator), Lisa M. Taylor, DNP, FNP-BC, CDCES, BC-ADM (panelist), Sarah Kokosa, PharmD, CPP (panelist)
- **Tuesday, March 16, 2021:** *Helping Patients Navigate Transitional Times in Life with Diabetes*
Faculty: Marisa Hilliard, PhD (moderator), Jessica Pierce, PhD (panelist)
- **Tuesday, March 30, 2021:** Pop Quiz: Do You Know These 50 Tips to Improve Diabetes Care?

“Our leadership teams worked hard to invite faculty who represent a wide range of our professional membership,” said Marisa Hilliard, PhD, Communications Chair of the Behavioral Medicine Interest Group. “The webinars have given us an opportunity to start conversations across multiple Interest Groups with complementary goals and areas of expertise, plus highlight members from diverse disciplines, backgrounds, and career stages.”

The webinar series is a member-exclusive benefit available only to ADA professional members. It is made possible by the generous support of the Leona M. and Harry B. Helmsley Charitable Trust.

To learn more and register for upcoming webinars, please visit professional.diabetes.org/webinars.

Apply for an Interest Group Leadership Team

Advance your career by taking on a leadership role within the American Diabetes Association’s (ADA’s) Interest Groups. Applications are now open for volunteer positions on sixteen Interest Group Leadership Teams.

In addition, a new position in each Interest Group has been created for early career professionals. This Early Career Representative position will be available to members who are within 5 years post-training completion.

“We want to provide more career development and leadership opportunities for professionals recently out of training,” said Henry Rodriguez, MD, chair of the Membership Advisory Group. “Our goal is to help foster the next generation of diabetes leaders.”

These Leadership Teams convene on a regular basis to organize educational, career development, and engagement programs for Interest Group members. To learn more about the Interest Groups, visit professional.diabetes.org/InterestGroups.

The following Interest Groups are seeking members to apply to serve in various positions from July 2021 through June 2023:

Interest Group	Positions Available	Role Descriptions
Behavioral Medicine & Psychology	Chair-Elect, Early Career Representative	<ul style="list-style-type: none"> • Chair-Elect. Support the Chair in providing leadership to the group, plan the Scientific Sessions discussion and other activities, contribute to Member Forum discussions, vote on award nominations (if applicable), and participate in conference calls. This individual will become the Chair after 2 years. <i>Time commitment: 3–4 hours/month.</i> • Advisor. Provide expertise and guidance on group activities, including award nominations, networking events, webinars, and Member Forum discussions. <i>Time commitment: 1–2 hours/month.</i> • Early Career Representative. Provide early career perspective and guidance on resources needed to support the next generation of diabetes leaders. This individual must be no more than 5 years post-training completion. <i>Time commitment: 1–2 hours/month.</i>
Clinical Centers & Programs	Advisor, Early Career Representative	
Diabetes Self-Management Education & Support	Chair-Elect, Early Career Representative	
Exercise Physiology	Chair-Elect, Early Career Representative	
Foot Care	Chair-Elect, Early Career Representative	
Health Care Delivery & Quality Improvement	Chair-Elect, Early Career Representative	
Immunology, Immunogenetics, & Transplantation	Chair-Elect, Early Career Representative	
Islet Biology, Development, & Function	Chair-Elect, Early Career Representative	
Remaining Interest Groups in Need of an Early Career Representative		
Diabetes & Cardiovascular Disease		
Diabetes In Primary Care		
Diabetes In Youth		
Diabetes Technology		
Eye Health		
Nutritional Science & Metabolism		
Pregnancy & Reproductive Health		
Public Health & Epidemiology		

Members who have previously served on an Interest Group Leadership Team are welcome to reapply. Individuals who are employed by industry are not eligible to serve as Chair-Elect or Chair, given ADA Scientific Sessions and continuing education accreditation policies.

Learn more and visit the ADA DiabetesPro Member Forum Volunteer Portal to apply now!

Applications must be submitted online by 11:59 p.m. ET on Sunday, March 21 to be considered.

The **Membership Advisory Group** will review all applications in April, and selected individuals will be notified in early May. For questions or more information, please email interestgroups@diabetes.org.

Lifestyle Change Programs: Creating Group Cohesion Through Distance Learning

Through a cooperative agreement with the Centers for Disease Control and Prevention (CDC), the American Diabetes Association (ADA) works to strengthen the infrastructure and availability of the National Diabetes Prevention Program (National DPP) in underserved areas. The National DPP supports evidence-based lifestyle change programs designed to reduce the risk of developing diabetes among individuals who have prediabetes or are at risk of developing diabetes. With the support of trained lifestyle coaches, the year-long program promotes sustainable lifestyle changes among participants by addressing topics related to nutrition, physical activity, and stress management.

The ADA supports CDC-recognized lifestyle change programs through its affiliate sites in Arizona, California, Connecticut, Kansas, Oklahoma, and Texas. These affiliate partners work with underrepresented and underserved priority populations that include men, Medicare beneficiaries, and Hispanics. Despite having higher rates of diabetes, priority populations are under-enrolled into lifestyle change programs. Through the cooperative agreement, the ADA works to close this enrollment gap and ultimately reduce the prevalence of diabetes within these populations.

In 2020, the coronavirus disease 2019 (COVID-19) pandemic presented challenges related to participant retention after the transition to virtual delivery of the lifestyle change programs. Before COVID-19, the programs relied on in-person strategies to engage and support their participants. Affiliate sites adapted to these circumstances and developed innovative approaches that allowed them to continue to find success in guiding participants on their lifestyle change journey through evidence-based, CDC-recognized programs.

Group Cohesion and Retention Challenges

Stay-at-home orders and social distancing recommendations during the public health emergency required affiliate sites to transition to virtual delivery of their programs. Although lifestyle change programs often see a decline in retention as they move from weekly core sessions to monthly maintenance, the move from in-person to virtual classes compounded the retention issue at all phases

of the program. Because of the pandemic and the inability of programs to hold in-person meetings, the programs became much less of a priority for participants. Sites experienced challenges in engaging participants virtually, and sites and their participants experienced numerous challenges including participants needing to manage households with children at home for virtual school, unfamiliarity with technology platforms such as Zoom, and anxiety and fear in a rapidly changing world. However, through trial and error, lifestyle coaches and program coordinators found success in hosting virtual classes, engaging participants, and creating group cohesion.

Program Response to Challenges

Affiliate sites responded to the challenge of reduced retention with many innovative solutions tailored specifically to the communities they serve and to the challenges of each participant. Technology played a key role in several of the strategies used to improve virtual retention and group cohesion. Below are five of the innovative strategies developed by affiliate sites in response to the challenges they faced.

- **Holding live or pre-recorded demonstrations.** Cooking and exercise demonstrations through various virtual platforms such as Zoom and Facebook Live proved to be a popular way to maintain engagement among participants. Program staff safely demonstrated various healthy food recipes and exercise routines virtually. A second benefit of virtual demonstrations came from the recording features offered by the different platforms. Recorded demonstrations could be accessed by participants who were unable to attend a live broadcast and by anyone wanting to revisit a recipe or exercise demonstration later.
- **Using app technology.** Several sites found great success in using GroupMe, WhatsApp, or Facebook Groups to keep in touch with their participants between sessions. Coaches were able to post regularly to these forums to generate dialogue among participants. These apps and platforms allowed for sharing healthy recipes, exercise videos, cooking demonstrations, polls, and uplifting quotes and provided a general sense of community. Participants were able to share their successes and challenges with the group.

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- **Establishing one-on-one contact.** Lifestyle coaches reached out to participants on an individual basis to make a personal connection. Establishing personal relationships with participants in this way not only strengthened the group cohesion, but also provided an opportunity to support participants having individual technology issues. In addition to hosting the group sessions, lifestyle coaches took time every 1–2 weeks to make one-on-one connections with participants.
- **Forming accountability partnerships and naming weekly captains.** This strategy involved pairing like-minded participants to help each other remain motivated and accountable between sessions. These partnerships strengthened the cohesion among participants. In addition to assigning accountability partners, some programs scheduled one participant each week to serve as a weekly “captain” to share a healthy recipe or exercise with the entire group. Coaches worked with each captain to ensure that recipes and exercises were appropriate and provided

opportunities for the group to share pictures or videos of themselves trying the recipe or workout. These techniques not only improved retention and group cohesion, but also minimized the time and effort required of the lifestyle coaches.

These innovative strategies reflect the dedication and commitment of lifestyle coaches to their participants. The COVID-19 pandemic has brought many challenges to lifestyle change programs, but it has also provided programs with the ability to innovate and adapt to unforeseen situations. The strategies developed to address retention and group cohesion challenges related to virtual delivery are useful during periods of social distancing, but can also be used when social restrictions are lifted and programs return to traditional delivery methods.

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THE VOICE OF WOMEN IN DIABETES

The **Women’s Interprofessional Network** of the American Diabetes Association (WIN ADA) is the world’s leading network of female clinicians, scientists, and educators in diabetes.

WIN ADA offers a variety of members-only career advancement opportunities, including:

- ◆ Professional development workshops
- ◆ Networking receptions
- ◆ An annual event at the Association’s Scientific Sessions
- ◆ Recognition programs
- ◆ Online resources

 American Diabetes Association.

Join today at professional.diabetes.org/winada

Pack Health Delivers Diabetes Support Health Coaching in Collaboration with ADA's Diabetes Support Initiative

The American Diabetes Association's (ADA's) Diabetes Support Initiative helps to ensure that high-quality diabetes support programs and resources get to health-disparate communities that need them most. The ADA's Diabetes Support Directory serves as a repository for ADA-approved diabetes support programs that provide ongoing support for people with diabetes. Each program aims to maintain and expand upon the skills, knowledge, and lifestyle changes that people with diabetes gained from recognized Diabetes Self-Management Education and Support (DSMES) services. The Diabetes Support Initiative assures that diabetes support program curriculums meet the ADA's criteria for support programming, aligns with the *Standards of Medical Care in Diabetes*, and demonstrates significant positive health outcomes.

The Pack Health Type 2 Diabetes Digital Coaching Program is one of 10 ADA-approved programs listed in the Diabetes Support Directory. In 2020, the ADA partnered with Pack Health to offer a Diabetes Support Health Coaching program in Biloxi, MI. This pilot program, taking place at the Coastal Family Health Center, will link patients with type 2 diabetes with a Pack Health advisor to work one-on-one to provide diabetes support and management.

The full list of organizations listed in the Diabetes Support Directory include:

- Clemson University Cooperative Extension Service – Health Extension for Diabetes
- Gateway Community Health Center – Gateway Diabetes Self-Management program
- InquistHealth – Diabetes Peer-to-Peer Mentoring Program
- Johns Hopkins University School of Medicine – DECIDE Self-Management Support Program
- New Mexico State University – Kitchen Creations: A Cooking School for People with Diabetes and their Families
- Pack Health – Pack Health Type 2 Diabetes Digital Coaching Program
- Scripps Whittier Diabetes Institute – Project Dulce
- Self-Management Resource Center – SMRC Diabetes Self-Management Program
- Texas A&M AgriLife Extension Service – ¡Sí, Yo Puedo Controlar Mi Diabetes! and Wisdom, Power, Control program
- The University of Illinois at Chicago – Diabetes Empowerment Education Program (DEEP)

Learn more about the Diabetes Support Directory at professional.diabetes.org/DSDirectory.



Know Diabetes by Heart™

Know Diabetes by Heart continues to provide the latest resources focusing on the link between cardiovascular disease and diabetes. Experts discuss the latest topics, including treatment guidelines, to help you in your practice. Listen and view our latest podcasts and webinars.

Podcasts

- **Managing CV and Renal Risk in Patients with T2D**
- **Health Disparities in Diagnosis and Treatment**
- **Cardiorenal Protection in Patients with Diabetes and CKD**
- **Evolving Care with COVID-19 for T2D Patients: Management, Telemedicine and Lessons Learned**

Webinars

- **Management of Risk Factors in Patients with CVD and T2D**
- **Overcoming Barriers to DSMES Referral and Treatment**
- **Maximizing Patient Outcomes: Navigating Common Barriers to Diabetes Treatment and Adherence**
- **Complex Cases in the Management and Treatment of Patients with T2D and High CVD Risk**

For more visit: knowdiabetesbyheart.org/professional/webinar-series.

Relaunch of DPP Express Coming Soon!



DPP Express

Simplify data collection and reporting for your Centers for Disease Control and Prevention (CDC)-recognized lifestyle change programs with DPP Express.

If you have a CDC-recognized lifestyle change program as part of the National Diabetes Prevention Program, you know how difficult it can be to collect and report data accurately and meet all the requirements of CDC's Diabetes Prevention Recognition Program (DPRP). If you are tired of spending hours tracking the evaluation data required by the DPRP and manually generating required reports, then it is time to try the American Diabetes Association's (ADA's) DPP Express!

DPP Express has always been a user-friendly, Health Insurance Portability and Accountability Act-compliant, Web-based charting platform that allows users to collect data and generate reports that align with DPRP requirements. However, soon the ADA will be launching its newest version of DPP Express. This version will allow an unlimited number of users to access the platform with features that include:

- A unified class documentation page, allowing you to quickly chart across an entire cohort of participants
- The ability to move a participant from one cohort to another quickly and easily
- Documentation of patient biometric data such as A1C, blood pressure, and lipid panels.
- Powerful reporting features including:
 - Accurate comma-separated value reports available at the click of a button to meet all current and future CDC guidelines
 - Medicare Diabetes Prevention Program (MDPP) billing and cross-walk reports for easy Medicare reporting submissions
 - Comprehensive program metric reporting showing your program's performance

- Multiple report filters allowing you to focus on specific segments of your program
- Detailed participant summary reports showing progress over time in a polished PDF format suitable for sharing with participants and health care providers
- At-a-glance participant attendance reports by cohort

The ADA will also be offering optional advanced features to help increase the efficiency and success of your program. Some of these features include:

- Recruitment features allowing you to record recruitment activities and track potential participants and their level of interest in enrolling in your program
- The ability to send texts and email messages to several or all your recruits and participants directly from DPP Express
- Identification and tracking of who is referring participants to your program
- Additional billing functionality

ADA's complete onboarding process will get you up to speed quickly, with monthly training seminars to ensure that you are always supported. DPP Express also includes access to a support site that will walk you through all of the platform features, with helpful videos and tutorials to make using DPP Express a breeze. If you need additional assistance, our friendly customer service staff are happy to help at no additional charge.

DPP Express is available for a minimal fee to all CDC-recognized lifestyle change programs, including ADA-recognized diabetes self-management education and support services. To learn more about DPP Express and its capabilities or to join the next live monthly webinar, call ADA at (888) 232-0822 or visit diabetes.org/dppexpress.

Did You Know?

Mental Health Directory | Mental health care is an integral part of diabetes management, and the American Diabetes Association offers support and tools to help you tackle the day-to-day challenges of living with a chronic disease. Find mental health professionals in your area who have experience treating people with diabetes by using the [ADA Mental Health Provider Referral Directory](#).

68th Advanced Postgraduate Course Held Virtually

The American Diabetes Association's (ADA's) 68th Advanced Postgraduate Course was held virtually on February 3–7. The virtual course consisted of more than 20 pre-recorded sessions, released during their originally scheduled times over the 5-day meeting. The event drew in health care professionals who care for patients with diabetes or who manage complications related to the disease. Participants can access the meeting sessions until March 8, and course attendees are eligible for 20 hours of continuing education credit.

“The ADA's Advanced Post Graduate Course program is the most up-to-date guidance on how to provide optimal care for those living with diabetes, and this year the course directors did an outstanding job making this a virtual event that also allows attendees access to view the sessions whenever it is convenient for them, including 30 days after the scheduled program is over,” said Robert A. Gabbay, MD, PhD, ADA's Chief Scientific and Medical Officer.

Course directors of the 2021 Postgraduate Course included Amy Hess-Fischl, MS, RD, LDN, BC-ADM, CDE; Joshua J. Neumiller, PharmD, CDCES, FADCES, FASCP; Gretchen Piatt, PhD, MPH; Michelle Stancil, RN, BSN, CDE; and Guillermo Umpierrez, MD, CDE. This leadership team developed, planned, and assessed the educational content of the course to meet the needs of the ADA's diverse membership and constituencies.

Participants received the latest information on the management of diabetes and its complications and were able to leave the sessions with practical tips and strategies to improve patient care.

“The information-packed program was delivered by an impressive group of knowledgeable faculty and attracted a variety of attendees, including physicians, physician assistants, nurse practitioners, dietitians, diabetes care and education specialists, pharmacists, and other clinicians from around the world,” Dr. Neumiller said.

The course kicked off with a lecture from Boris Draznin, MD, PhD, chair of ADA's Professional Practice Committee, on the 2021 Standards of Care updates. Additional session topics included social determinants of health, emerging technologies in diabetes care, cardiovascular risk reduction in diabetes, updates on diabetic kidney disease and on treatment options for diabetic retinopathy, management of type 2 diabetes in complex patients, nutrition, and diabetes and mental health.

“Attendees had the opportunity to hear from leading diabetes experts in panel discussions at multiple time points throughout the course,” said Archana Sadhu, MD, a presenter at course.

“I appreciate that I could provide the endocrinologist perspective for the multi-disciplinary group discussion on the management of type 2 diabetes in complex patients.”

Distinguished panels also discussed diabetes self-management education and support in adults with type 2 diabetes and the lessons learned from and future uses of telehealth.

“Having Post Grad in a virtual format will allow more attendees to access the courses when it fits within their time frame,” Ms. Hess-Fischl said. “Of course, for those who did participate live, having the opportunity to submit questions to the speakers was also very valuable.”

The 68th Advanced Postgraduate Course offered participants five workshop experiences. The workshops gave providers an opportunity to develop skills related to the management of diabetes during and after pregnancy, diabetes psychosocial issues, the management of hypoglycemia, interpreting continuous glucose monitoring and insulin pump data, and overcoming barriers to patient adherence

“We were able to provide participants with practical tips and proven strategies for improving patient care that they could walk away with and use immediately at the end of the sessions,” Ms. Stancil said.

Registration is still open for the Advanced Postgraduate Course, and the recorded sessions are available to registrants until March 8th. To register, visit professional.diabetes.org/PG.

Overcome Therapeutic Inertia in Your Practice Now: It's Easier Than You Think



Overcoming
**Therapeutic
Inertia**

Over the past 7 months, the American Diabetes Association's (ADA's) Overcoming Therapeutic Inertia (OTI) initiative has rolled out a series of educational webinars providing practical strategies you can implement right now to identify inertia, remove barriers to timely therapy intensification, and improve outcomes for all of your diabetes patients.

Each webinar leverages the action-based recommendations included in the **OTI Best Practices Framework**. These evidence- and consensus-based recommendations are founded on insights gleaned from a systematic review, market research, and many conversations with the OTI initiative's leadership volunteers. Most reflect recommendations also included in the ADA's *Standards of Medical Care in Diabetes*.

We urge you to check out the **Overcoming Therapeutic Inertia website**, download the resources, and share them with everyone in your practice. We also recommend that you view archives of the previously recorded webinars. These include:

- **Overcoming Therapeutic Inertia: What You Need to Know.** View this presentation to understand what the research tells us about the impact of therapeutic inertia on diabetes outcomes globally. Then, gain a quick understanding of the ADA's plan to address therapeutic inertia now. Download and share our **Getting to Goal: Overcoming Therapeutic Inertia in Diabetes Care** plain-language fact sheet.
- **Busting Inertia: Identifying and Engaging High-Risk Patients.** This presentation provides simple strategies for finding therapeutic inertia in your practice. Consider downloading and using the simple tool called **Act Now—Therapeutic Inertia in Clinical Practice: Self-Assessment**.

- **Personalized Diabetes Care Plans that Work.** Learn how you can leverage a personalized diabetes care planning process to address social, emotion, financial, and other barriers contributing to inertia. Download our easy-to-understand booklet titled **Your Diabetes Care and Management Plan** and share it with your patients to support their understanding of the diabetes care plan development process. Use this booklet as an engagement and conversation support tool, too.
- **Break Through Inertia: Strategies to Make Your Practice the Intervention.** Understand how you can modify your practice workflow, implement effective “diabetes only” visits, and leverage your entire team and community to overcome therapeutic inertia. Ultimately, this webinar is about never allowing inertia to be tracked back to you. Consider downloading **7 Strategies for Overcoming Therapeutic Inertia Tomorrow**, a simple practice action checklist.

Learn more at therapeuticinertia.diabetes.org.

Register now for the final webinar in our OTI series:

Optimize the Patient Journey: A Case-Based Approach

March 10th at 3:00 pm ET

Webinar presenters will walk you through a 25-year patient journey from diagnosis through intensification inertia and then to deintensification inertia. They will then discuss simple practice approaches to both identify and overcome therapeutic inertia at each step along the way.

Did You Know?

DiabetesPro Member Forum | Network with your peers, find volunteer opportunities, and participate in discussions on this online forum exclusive to American Diabetes Association members. Participate in conversations based on Interest Group, WIN ADA, or COVID-19.

Two Recipients Selected for ADA’s Cardiovascular-Metabolic Fellowship Awards, Supported by a Grant from Pfizer, Inc.

The American Diabetes Association recently announced two recipients of its Cardiovascular-Metabolic Fellowship Awards, supported by a grant from Pfizer, Inc. These fellowships, which commenced on January 1, 2021, provide support of up to \$135,000 for up to 2 years of funding for studies focused on improving our understanding of the pathophysiology, treatment, and prevention of cardiovascular disease (CVD) in people with diabetes. In addition to expanding our understanding of CVD, these awards seek to increase the number of future independent diabetes researchers exploring treatments and potential cures for diabetes.

The recipients of the awards are:

- **Layla Abushamat, MD**, at the University of Colorado in Denver, CO, for her clinical research project titled, “Adiponectin and Cardiac Function in Type 2 Diabetes: Impact of Exercise Training”
- **Jacquelyn Walejko, PhD**, at Duke University in Durham, NC, for her basic research project titled, “Reshaping Liver Branched-Chain Alpha-Keto Acid Metabolism to Prevent Diabetic Cardiomyopathy”

Upcoming Grant Administration Deadlines for Currently Funded Investigators

Final reports for award holders with a December 31, 2020, end date	March 1, 2021
Scientific progress reports for award holders with a July 1 start date	May 1, 2021
Pathway mid-year progress reports	May 1, 2021

Did You Know?

Patient Education Library | Access more than 170 free downloadable or printable patient handouts on the American Diabetes Association’s patient education library. Materials are available in Arabic, Chinese, English, French, Haitian Creole, Korean, Portuguese, Russian, Spanish, Tagalog, and Vietnamese.

New *Clinical Diabetes* Video Series Available

Basal Insulin in People With Type 2 Diabetes: Mitigating Hypoglycemia in High-Risk Patients

The editors of *Clinical Diabetes*, the American Diabetes Association’s journal for primary and point-of-care providers, are excited to announce the publication of a digital program dedicated to the effective use of basal insulin to treat people with type 2 diabetes. In this short **video series**, an expert panel moderated by John Anderson, MD, discusses approaches to optimizing basal insulin initiation and treatment in people with type 2 diabetes, including those patients most at risk (e.g., those with renal impairment and older adults), with a focus on reaching A1C goals while mitigating the risk of hypoglycemia.



Many people with type 2 diabetes are treated with insulin with the goal of achieving a specific A1C target. The panel discusses important considerations for the management of hypoglycemia in these patients. When used appropriately, basal insulin analogs can reduce the risk of hypoglycemia while still achieving individualized glycemetic goals.

Dr. Anderson is joined by Paresh Dandona, MD, PhD; GERALYN R. SPOLLETT, MSN, ANP, CDE; and Scott Urquhart, PA-C, MPAS. The **videos** and an **executive summary** of the panel’s recommendation are available on the *Clinical Diabetes* website.

Financial support for this digital publication was provided by **Sanofi**.

Sign up for *Clinical Diabetes* e-Alerts to stay on top of the latest trends and innovations in diabetes care and treatment.

Clinical DIABETES®

www.diabetes.org/clinicaldiabetes

• DIGITAL PUBLICATION •

Effective Initiation and Treatment With Basal Insulin in People With Type 2 Diabetes: Focus on Mitigating Hypoglycemia in Patients at Increased Risk

Many people with type 2 diabetes are treated with insulin with the goal of achieving a specific A1C target. In this short video series, an expert panel moderated by **John Anderson, MD**, discusses approaches to optimizing basal insulin initiation and treatment in people with type 2 diabetes, including those patients most at risk (e.g., those with renal impairment and older adults), with a focus on reaching A1C goals while mitigating the risk for hypoglycemia.

The panel discusses how considerations for the management of hypoglycemia are important in these patients. When used appropriately, the risk of hypoglycemia with basal insulin analogs can be reduced while still achieving individualized glycemic goals.



• John Anderson, MD •



• Paresh Dandona, MD, PhD •



• Geralyn R. Spollett, MSN, ANP, CDE •



• Scott Urquhart, PA-C, DFAAPA •



View the videos by scanning the QR code, or by accessing the link below.

Read an executive summary of the panel's recommendations on the Clinical Diabetes website at <https://doi.org/10.2337/cd20-0035>.



CLINICAL.DIABETESJOURNALS.ORG/CONTENT/BASAL-INSULIN-VIDEOS

SANOFI

American
Diabetes
Association

Living with Diabetes: Ask the Experts Q&A Series

Encourage your patients to join our free, educational Ask the Experts Q&A series. We offer an opportunity for people with diabetes to ask questions of our experts and hear from others who might share similar experiences. Participants can join the hour-long sessions online or over the phone. All events will be held at 2:00 p.m. ET unless noted.



Upcoming topics include:

February 23, 2021

Coping with Limited Vision

March 9, 2021

Kidney Disease and Diabetes

April 13, 2021

Taking Care of Your Feet

Your patients can register at diabetes.org/experts or by phone (800-342-2383).



Encourage your patients to listen in to **Ask the Experts: It's Personal**, a Q&A podcast series featuring real questions from people with diabetes and answers from our experts. We'll cover practical tips on topics such as nutrition, medication management, and physical activity.

Find the podcast on **iTunes**, **Spotify**, or wherever you listen to podcasts.

Advocacy News

Recent Diabetes Advocacy Wins and Updates

While the new year is still young, we're taking stock and celebrating the strides made in diabetes advocacy in 2020.

Together, we have had some important victories at an especially difficult time for the diabetes community:

At the federal level, the American Diabetes Association (ADA) supported people with diabetes during the coronavirus 2019 pandemic, worked to expand telehealth and continuous glucose monitoring access, and stood up for federal diabetes research and programs. In the regulatory space, we led an effort to urge insurance companies to continue waiving co-payments for telehealth visits, secured access to diabetes technology for more veterans, and more.

At the state level, we secured insulin co-payment caps in 13 states and made progress in more than 20 additional states.

The ADA engaged in more than 350 individual pieces of legislation and regulation at the state level that affected the lives of nearly 28 million Americans with diabetes or prediabetes and those at risk for the disease through health care, discrimination, prevention, and health equity policy changes.

Furthermore, the Legal Advocacy team accelerated victories for children with diabetes at school and ensured the rights of people with diabetes to vote and work safely, including breaking barriers with the Federal Aviation Administration to allow commercial pilots with insulin-treated diabetes to fly.

Finally, the ADA engaged Grassroots advocates with eight virtual town halls with lawmakers, launched a new **Communications & Engagement Platform** to help volunteers make their voice heard, and kicked off an ADA Influencers group to provide top advocates with high-impact advocacy opportunities.

Now more than ever, we need the voices of even more ADA Influencers, so we are opening the ADA Influencers group to you and other committed advocates. If your resolution for 2021 was to find new ways to support the diabetes community, we'd love to have you participate!

Become an ADA Influencer today!

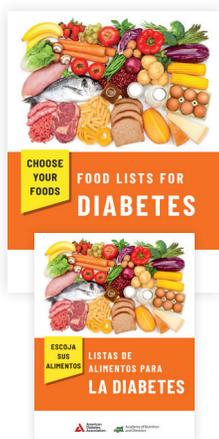
Choose Your Foods



Patient Diabetes Nutrition Education Made Simple

Published with the Academy of Nutrition and Dietetics, the Choose Your Foods series is the most trusted meal planning tool for diabetes and has been used by nutrition professionals for years to help patients make meal planning decisions, lose weight, and manage glucose levels. Recently updated, it is now better than ever! These new editions include carbohydrate counts and choice values for a wider variety of foods, portion weights in ounces, and much more.

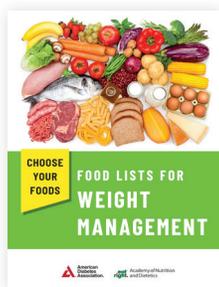
Choose Your Foods Series: Diabetes Meal Planning Based on Choice!



Choose Your Foods: Food Lists for Diabetes, 5th Edition (25/Pkg)

No more “exchanging”— Diabetes meal planning based on choice! Now readers can plan meals with these comprehensive food lists to help manage blood glucose levels. Patients can use these comprehensive food lists to plan meals. This new edition includes carbohydrate counts and choice values for a wider variety of foods; portion weights in ounces; and more.

Item# 5601-14
Spanish Listing Item# 5615-09



Choose Your Foods: Food Lists for Weight Management, 5th Edition (25/Pkg)

Choose the best foods for weight loss! Diabetes food lists for weight management help create the best diabetes care plan. Patients with diabetes can achieve weight-loss goals with food lists that make it easy to build healthy meals by understanding how carbohydrate, protein, and fat can be combined into eating plans they choose.

Item# 5603-09

Special offer, everyone receives member price. Buy in volume (Packs of 25) and save!

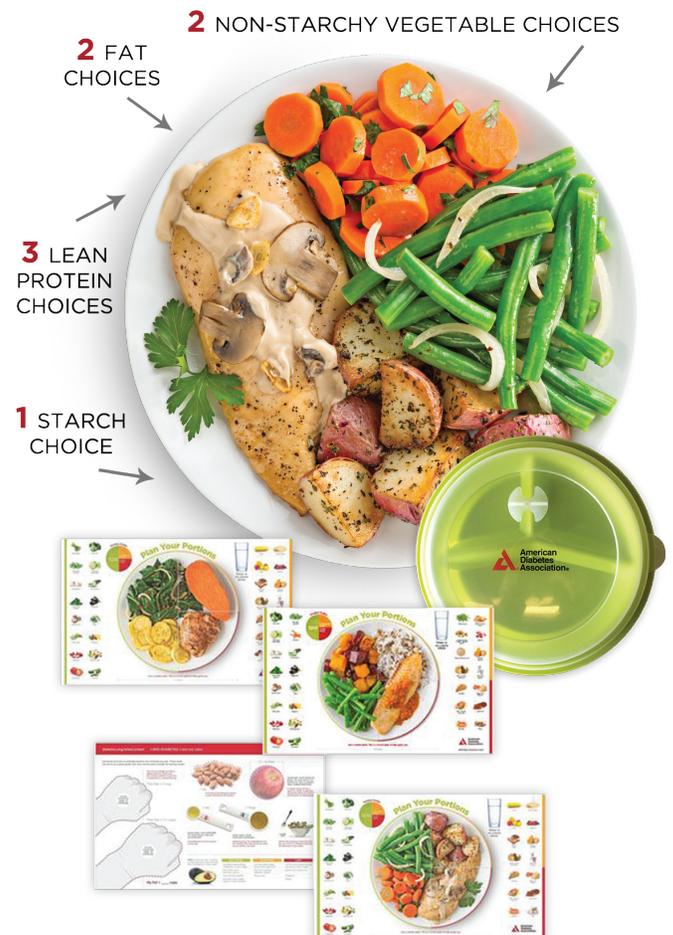
Number of Units:	Nonmember Price:	Member Price:
1-3	\$88	\$67
4-11	\$88	\$61
12-23	\$88	\$55
24-39	\$88	\$51
40-60	\$88	\$48
61-99*	\$88	\$45

* Special pricing available on quantities greater than 99 units. **The volume pricing above applies only to items 5603-09, 5601-14, and 5615-09. For bulk pricing options on all other items, please contact Booksales@diabetes.org to learn more.

Free Nutrition Kit with purchase 6 or more 25 packs.

Nutrition kit includes portion control plate and sample pack of placemats. (Seven different diabetes placemats including Classic, Southern, Hispanic, Vegetarian, Asian, Indian, and Pacific Islander.)

Use coupon code CYFPORT at checkout.



For more information call 1-800-232-6733 or shop at ShopDiabetes.org.



81ST SCIENTIFIC SESSIONS

VIRTUAL | JUNE 25–29, 2021

The latest, cutting-edge advances in diabetes research, prevention, and care.

BREAKING NEWS: The 81st Scientific Sessions Is Going Virtual!

Last year, the American Diabetes Association (ADA) proved that despite the COVID-2019 pandemic, *connection didn't have to be canceled* by hosting 12,500 participants from around the world for a virtual Scientific Sessions, highlighting key scientific advances and breakthrough research.

Although we were hoping to see you all in person this June, the health and safety of our attendees, staff, and exhibitors remains the ADA's top priority, which is why we have made the decision to transition the 2021 Scientific Sessions to a virtual meeting as well.

You can rest assured that the virtual 81st Scientific Sessions will still offer the latest groundbreaking science you have come to expect from the ADA so that, together, we can continue to help the 460 million people worldwide living with diabetes thrive.

Stay tuned: we'll keep our website, scientificsessions.diabetes.org, updated with information as it becomes available.

We look forward to seeing you, virtually, in June.

Earn Up to 34.25 Continuing Education Credits

Continuing education credit is available for physicians, international physicians, physician assistants, nurses, pharmacists, dietitians, and certified diabetes educators.

Late-Breaking Abstract Submission Is Open

Submit your research through the late-breaking abstract program. The program allows for inclusion of later submissions of newly completed research and clinical trials. Abstracts should describe a noteworthy and timely research advance that has not been previously published or submitted. Late-breaking abstracts will be accepted until Monday, March 15, 2021, at 5:00 p.m. ET.

Visit scientificsessions.diabetes.org and click on the Abstracts link to view detailed submission guidelines and submit your research.

Scientific Sessions Portal

This time-saving system eliminates the process of re-entering contact information and disclosures for authors listed on more than one abstract. All abstract authors are responsible for entering their information into the portal once per meeting.

Don't wait until the last minute! Individuals who plan to be a co-author on a late-breaking abstract submission should complete the disclosure process now.

Abstract submitters must first finalize their disclosure record to gain access to the abstract submission site.

Note: Authors who submitted an abstract or were listed as an author on an abstract during this year's regular submission period already have an account in the Scientific Sessions portal. Those authors do not need to create a new account or re-enter their disclosure record.

Visit scientificsessions.diabetes.org to view step-by-step portal instructions.

continued on next page

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Registration

Visit scientificsessions.diabetes.org and click on the Registration Information link to register for the virtual meeting. Register early to take advantage of the early bird rates!

Become a member or renew your membership when you register and save up to \$200 off the non-member rate. To qualify for the member rate, your Medicine & Science or Health Care & Education membership must be active through **June 30, 2021**, at the time of registration.



Alert: There are companies claiming to offer registration for ADA's Scientific

Sessions that are not affiliated with ADA and do not offer any services on our behalf. You may receive emails or phone calls from these companies urging you to register. Registration should only be accessed from scientificsessions.diabetes.org, and reserved through ADA's official registration provider, Convention Management Resources (CMR). If you do not see this logo on the website, they are not our official provider!

If you are contacted by any agency other than CMR, please immediately notify CMR at ada.cmrushelp.com/s/contactsupport.

Important Registration Dates to Remember

- Early Bird Registration Deadline: March 11, 2021
- Advance Registration Deadline: May 13, 2021

Professional Interest Group Discussions

Share your views during hot-topic sessions hosted by the ADA's Professional Interest Groups on the latest in research and care specific to your specialty. The following interactive, lunch-time sessions will be offered:

- Behavioral Medicine & Psychology
- Clinical Centers & Programs
- Diabetes & Cardiovascular Disease
- Diabetes In Youth
- Diabetes Self-Management Education & Support
- Diabetes Technology
- Exercise Physiology
- Eye Health
- Foot Care
- Health Care Delivery & Quality Improvement
- Immunology, Immunogenetics, & Transplantation
- Islet Biology, Development, & Function
- Nutritional Science & Metabolism
- Pregnancy & Reproductive Health
- Public Health & Epidemiology

Several of the Interest Groups will also present awards and host networking events at the 81st Scientific Sessions. More information about these opportunities will be available soon. To learn more and join the Interest Groups, visit professional.diabetes.org/interestgroups.

Women's Interprofessional Network Session

The Women's Interprofessional Network of the American Diabetes Association (WIN ADA) is our members-only network for female clinicians, scientists, educators, and other professionals in diabetes. WIN ADA will host multiple events at the Scientific Sessions. Learn more and become a WIN ADA member today at professional.diabetes.org/WINADA.

Programming Schedule

Begin planning your schedule at the Scientific Sessions. This is your opportunity to view a listing of all sessions, events, and activities organized by date and time.

In addition to more than **200 sessions**, we are excited that the most highly anticipated announcements of 2021 from the following major studies will be presented.

- Efficacy and Safety of Dapagliflozin in Patients with and without Type 2 Diabetes Hospitalized with COVID-19—Results from the DARE-19 Global Randomized Controlled Trial
- Results of the Glycemic Reduction Approaches in Diabetes—A Comparative Effectiveness (GRADE) Study
- Tirzepatide—A Novel Dual GIP/GLP-1RA—Results from the First Phase 3 SURPASS Clinical Trials
- Update on SCORED and SOLOIST Cardiovascular and Kidney Outcomes Trials

DiabetesPro QUARTERLY

AMERICAN DIABETES ASSOCIATION NEWS
FOR PROFESSIONAL MEMBERS

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2451 Crystal Drive, Suite 900
Arlington, VA 22202

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Project Managers

Jenn Von Willer

Nicole Sossong, MPH

Managing Editor

Debbie Kendall

Designer

Rikki Campbell Ogden / [pixiedesign](http://pixiedesign.com)

Advertising

Julie DeVoss Graff,

Senior Advertising Manager

jdevoss@diabetes.org

(703) 299-5511